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Will extract your teeth without any pain.

Dr Wing will please you. His work is of the strictly high class kind, and always guaranteed.

Come in and talk it over. Office over New Moving Picture Show.



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OPTOMETRIST

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There is more Catarrh in this section of the country than all other diseases put together, and for years it was supposed to be incurable. Doctors prescribed local remedies and by constantly failing to cure with local treatment pronounced it incurable. Catarrh is a local disease, greatly influenced by constitutional conditional and therefore. local disease greatly influenced by constitutional conditions and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co. Toledo. Ohio. is a constitutional remedy, is taken internally and acts thru the Blood on the Mucous Surfaces of the System. One Hundred Dollars reward is offered for any case that Hall's Catarrh Cure falls to cure. Send for circulars and testimonials.

F. J. CHENEY & CO., Toledo, Ohio.

Sold by Druggists, 75c.

Hall's Family Pills for constipation.

### Inspiration Miscellany

land just before the war broke out has de ever since on the manners of the children he happened to meet Apparently American parents and schools do not lay on good manners the country. The rest of the story the emphasis that they receive abroad, Yet good manners, like the gold at the foundation of all money, are current the world over. Emerson noted this:

"Give a boy dress and accomplish ments and you give him the mastery of palaces and fortunes wherever he goes. He has not the trouble to earn She made no answer. I spoke again. or own them; they solicit him to enter a little louder, saying, 'Mary Mary, we

"All your Greek," Chesterfield wrote to his son, "can never advance you from secretary to envoy or from envoy to ambassador, but your address, your air, your manner, if good, may.

The difference between a well bred and ill bred man is this," Samuel Johnson said: "One immediately attracts your attention, the other your aver You love one until you find reason to hate him; you hate the other antil you find reason to love him." Civility, polished manners, mean much to a youth in his first position. Kansus City Star.

The crosses which we make for 4 D. L. JOHNSON • ourselves in this life by a restless • . anxiety as to the future are not & crosses which come from God. + We show want of faith in him by our false wisdom, wishing to forestall his arrangements and strug- 4 gling to supplement his providence by our own providence.

#### To the Boy of the Twentieth Century

So live that your afterself-the man you ought to be-may in his time be possible and actual. For away in the twenties, the thirties, of the twentieth century he is awaiting his turn. His body, his brain, his soul, are in your boyish hands. He cannot help him-

What will you leave for him? Will it be a brain unspoiled by wrong liv ing or dissipation, a mind trained to think and act, a nervous system true as a dial in its response to the truth about you?

Will you, boy of the twentieth century, let him come as a man among men in his time, or will you throw away his inheritance before he has had the chance to touch it's

Will you let him come taking your place, gaining through your experience, ballowed through your loys, building on them his own, or will you fling his the man you might have been shall never be? David Starr Jordan

#### Limbs of the Mind

As our bodies, to be in health, must be generally exercised, so our minds. to be in health, must be generally cultivated. You would not call a man bealthy who had strong arms, but was paralytic in his feet; nor one who could walk well, but had no use of his hands; nor one who could see well, though he could not hear. You would not vel untarily reduce your bodies to any such partially developed state. Much ore, then, you would not, if you could telp it, reduce your minds to it. Now your minds are endowed with a vast umber of gifts of totally different uses limbs of mind, as it were, which if you don't exercise you eripple. One is curiosity—that is, a gift, a capacity of pleasure in knowing, which if you destroy you make yourselves sold and dull Another is sympathy- the power of sharing in the feelings of living make yourselves hard and cruel.

creatures, which if you destroy you other of your limbs of mind is admiration—the power of enjoying beauty or ingenuity, which if you destroy you make yourselves base and irreverent Another is wit or the power of playing with the lights on the many sides of truth, which if you destroy you make yourselves gloomy and less useful and cheering to others than you might be So that in choosing your way of work it should be your aim, as far as possible, to bring out all these faculties as far as they exist in you; not one merit nor another, but all of them Ruskin

Two well known but unheeded facts are that anxiety is no baker and bakes no bread; that worry is no tailor and ed, "Oh, dear, I'm so warm in my new

THE IDEAL

The lifent is in thyself. The impediment, too, is in thyself. . The condition is but the stuff thou art to shape that same deal out of What matters whether such stuff be of this i sort or that, so the form thou givest it to herote be poetle?-

#### CONSTIPATION MAKES YOU

DULL That druggy, listless, oppressed fretful and eries out in sleep, he is

celing generally results from consti- probably suffering from worms. These pation. The intestines are clogged him more susceptible to serious disand the blood becomes poisoned. Re- eases. Quickly and safely kill and relieve this condition at once with Dr. move the worms from your child's King's New Life Pills; this gentle, system with Kickapoo Worm Killer. non-gripping laxative is quickly effec. This pleasant candy laxative in tablet tive. A dose at bedtime will make form quickly relieves the trouble and you feel brighter in the morning. Get your child brightens up. Get Kickaa bottle today at your druggist, 25 poo Worm Killer at your druggist, 25 cents Adv. 3

#### Tonoline Is Beauty Aid, It was the night of Lincoin's first Announces Specialist election, and the little frame home

of the Lincolns in Springfield, Ill., was

filled with friends and relatives, all

"When there was no longer any

Slang at Annapolis.

For certain slang expressions used by

cadets I am indepted to a member of

the corps. From this future admiral

han or boy; that a "pap sheet" is a re

linquency : that "steam" is marine en-

gineering and to be "bilged for juice"

satisfactory mark, or even a "zip" or

but "drag" them; a girl is a "drag," and a "heat o drag" or "brick" is an un-

to be caught. Mess hall waiters are

sometimes called "mokes," while at

other times the names of certain exalt-

ed dignituries of the navy department

or of the academy are applied to them.

Why We Walk In Our Sleep.

Roughly speaking, the mind is di

vided into two parts. One controls the

actions of which we are conscious and

the other those which we do uncon-

sclously. In the latter class are such

things as walking and breathing. So

that the second part of the mind works

equally as well whether its owner is

asleep or awake. When the body or

the point of exhaustion or is harried

by pain the second part is liable to be

unduly active. Then it is that we are

most likely to walk or talk in our

ares show that this drift has now cov

then Boston with 18,320. In the en-

English Parliaments.

During Queen Victoria's reign eight

fications considerably restrict the right

of the people are voters. All clergy

men of the Church of England, minis-

Roman Catholic clergymen are dis-

qualified from sitting as members of

Package For Henry.

else in the world, and so does he!"-

Inconsistent.

bair I got from you ten years ago?"

Attention Wanted.

Triffe Slow. "Does your husband never offer to

"Frequently, about the time I am & ready to hang up the dishpan "- Kan-

Shrew fcontemptuously)-What would

you have been if it weren't for my

money? Shrewd-A bachelor-Stan

The essential thing is not knowledge,

WORMS EASILY REMOVED

sion applies only to the clergy.

the same things!"

New York Times.

ring"- Exchange.

was City Journal

cord Chapmera).

· bein you with the dishes?"

but character. Le Conte.

in its present condition."

people. Literary Digest.

-Julian Street in Collier's Weekly.

Cadets do not escort girls to dances,

'swabo." which is a zero.

are elected" Brooklyn Eagle.

d Louise Talk of Interest to

eager for some news of the election results. The reports for awhile had been coming in early and favorable. ealth is a first aid to beauty ory, told by Mildred Louise, specialist, of Boston, Mass., out after awhile they began to be less promising. Mrs. Lincoln had been by nusual interest. n recommend no better health man tonoline," said Mildred her husband's side all day. He now insisted that she retire. The crowd gradually began to dwindle. Then

"I was for many months a victim of stomach trouble and nervousness. I had suffered terribly from pains that followed eating. Headaches also would add to my worries. Poor digestion finally brought on nervousness.

"Relief came, however, when I took the advice of mayoral women who said came the news that New York had been carried, followed immediately by the report that Lincoln had carried would be better told by the great man the advice of several women who said doubt or reason for doubt," he related

afterward. "I went up to my bedroom 'Not long after I started the tonfound my wife asleep. I gently oline treatment, my patrons began to remind me of the improvement in my condition. And because health is the quickest way to beauty, the improvement was particularly noticeable in touched her shoulder and said, 'Mary!'

my face.
"What tonoline really did for me I cannot say. I am so grateful that am very willing to recommend ton-

oline publicly." Tonoline is a purely vegetable preparation which goes to the seat of common maladies—stomach and kidney trouble, catarrhal affections of the port covering delinquencies and that to mucous membranes, liver ailments and impurities of the blood—and quickly restores proper action. Tonoline is being explain daily to many people is to fail in examinations in electrical engineering, to get an "unsat" or un-

at your druggist's.

Notice:—As tonoline is a wonderful flesh builder it should not be taken by any one not wishing to increase his weight ten pounds or more. Al-though many reports are received from those who have been benefited by attractive girl who must be taken to a tonoline in severe cases of stomach dance. A "sleuth" or "jimmylegs" is a trouble and nervous dyspepsia, chronic attractive girl who must be taken to a night watchman, and to be "ragged" is constipation, etc.

-50c BOX FREE-FREE TONOLINE COUPON American Propriety Co.,
Boston, Mass.
Send me by return mail a 50c
box of your celebrated flesh builder. I enclose 10c to help pay postage and packing.

#### PROGRESSIVE COLUMN

C. S. Clark has bought of the Alma Home Building Company nifty six-room house for the farm, and he says it is the best the other part of the mind is fired to he ever saw-much better than he expected-and that our house proposition is the best he

sleep and have "nightmares." And be-The progressive people are cause the acutely conscious part of the mind is dormant and not subject to rapidly joining the ALMA fears the sleep walker frequently trav HOME COMPANY'S P R Oerses dangerous places unhurt Den-GRESSIVE COLUMN.

man in Alma to join our Pro-Drift From Country to City. Some further statistics as to the drift of population in this country from the country to the city were presented The following is a list of those

in a recent census bureau report. Figwho have purchased a house, and they are having them erected ered a period of a century and a quarter, or from 1790 to the present time, by the ALMA HOME BUILD-1790 being the year in which the first ING CO. census of population was taken. Since that time the drift has been practically

Garland Nevitt has purchased beautiful six-room bungalow, uninterrupted. In 1790 cities were ex- 3 with full basement, furnace and tremely rare in this country. Only one had a population of more than 30,000. inside toilet. Being elected on This was New York city, which had at lot fourteen Michigan Heights. that time 33.131 inhabitants. Next It is for sale. came Philadelphia with 28,500, and Mr. Garland Nevitt has also

tire country there were only 3,929,214 purchased a beautiful five-room bungalow, with full basement. furnace and inside toilet. It is being erected on lot fifteen Michigan Heights. It is also parliaments lasted over five years and two over six years. The property qualfor sale, by the ALMA HOME BUILDING CO. of suffrage, and only about one-sixth

Mr. John Chick has purchased a five-room cottage on a cement ters of the Church of Scotland and wall, and is having it built by It is for sale on easy terms. the house of commons. This provi the ALMA HOME BUILDING CO. It is for sale on easy terms.

Mr. and Mrs. Floyd Calkins have purchased a beautiful six- omo como Yes. Henry and I certainly possess similar tastes" exclaimed the adoring Foom bungalow, full basement. bride. "We are surely interested in and plumbing. It will please you to watch this house erected. It "Yes." agreed Henry's mother-in-law is not for sale. grimly, "you certainly are You care

Mr. J. A. Pinkston has purmore for dear Henry than for any one chased two fine artistic houses from the ALMA HOME BUILD-ING CO., and which are being erected with inside toilets. They And you won't buy that antique are for sale on easy terms. 'No; it would be of little use to me

Mr. Elmer Mapes and wife have purchased from the ALMA "What do you mean? It's more an HOME BUILDING CO, a beautique than ever now."-Louisville Coutiful six-room bungalow, which is also being erected by the ALMA HOME BUILDING CO.

Little Lydia had been given a new These people have joined the ring for her birthday, which none of Progressive Column and are the guests at the dinner table had no ticed. Finally, being unable to stand more than pleased with their the obscurity any longer, she remark- homes,

You are invited to join the list and help to BOOM Alma .-- All

# Foley's Honey

Stops La Grippe Coughs!

Foley's Honey and Tar In it, you get the curative influence of the pine balsam (so beneficial for inflamed bronchial tubes and sore chest) and other healing ingredients, together with the mollifying laxative action of

It covers and sheathes the inflamed surfaces of the throat, puts an end to the hard, racking cough, stops tickling Bestord, Ind., F. G. Prevo writes. "Two limities of Foles a Hones and Tar cared me of a severe cough following an attack of la grippe."

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Vinol is a constitutional remedy with its formula on every bottle. It creates an appetite, aids digestion and makes pure, healthy blood. Try it on

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I will extract your Teeth, no Pain, or no Pay, only 50c. No charges where Plates are made. How do these Prices look to ou? Examination Free.

\$20.00 Plates for \$15.00 \$15.00 Plates for \$12.00 \$12.00 Plates for \$10.00 \$10.00 Plates for \$ 5.00 Silver or Alloy .... \$ .75

Fifteen years experience, 10 years here in Alma. My Guarantee is good. No Cocaine used.

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Croup, Hourse Cough, Larytigitts
Erzems, Eruptions
Rheumontism, Lumbago,
Fever and Ague, Nalaria
Pites, Billind in Heeding, External, Internal
Catarrh, Influence, Cold in Head
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Diaorders of the Stidneys,
Urinary Incontinence
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# The Record

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